

## TWO TOOLS TO USE ON SHADOW DAY

(When you go on Shadow Day, take this two-sided paper with you.)

### **Talking to People about Their Work: Information Interviewing**

You could use these questions to interview the person you are shadowing. (*Parachute*, pages 42-45) Jot your notes on this page, and use them when you write your report.

1. How did you get into your job? What kind of training or education did you have?
2. What three to five tasks do you do daily?
3. What do you like about your job? What don't you like about your job?
4. What do you see happening in your field of work in the next five to ten years?
5. Do you know someone else doing this (or similar) work with whom I could talk?

## Using the Job Meter

How does the information you have gathered compare to your own transferable skills or favorite interests?

Questions that will help you get the information you want. (*Parachute*, page 46) Jot down your responses, and use these when you write your report.

1. As you think about the job you shadowed or listen to the person(s) describe theirs, give the job a rating on a scale of 1 to 10. (1=awful; 10=perfect)
2. If you rate the job less than 9, ask yourself, “What would have to be different about this job in order for it to be a 10?”
3. If you’re in an informational interview, describe how the job of your dreams differs from the job of the person you’re talking with. Try to do so without sounding rude; for example, don’t say, “Your job sounds really awful!” Ask if the interviewee knows someone whose job is more what you’re looking for.