




Blazer Café Lunch Menu- LG

October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Hot Dog on ww Roll Sauerkraut Baked Beans French Fries/Milk Chilled Pineapples /Fr. Fruit Salad / PB & J Sandwich	General Tso Chicken Steamed Rice Broccoli Florets/Fresh Carrots Pear Slices/Fresh Fruit Whole Grain Roll/Milk Salad /PB&J Sandwich	Lasagna Green Beans/Baby Carrots Fruit Medley/ Fresh Fruit Bread Stick Milk Salad /PB&J Sandwich	Grilled Cheese on ww bread Lentil or Tomato Soup Baked Potato Chips Fresh Carrots Sliced Peaches/Fresh Fruit/Milk Salad /PB&J Sandwich	Chicken Etti Garden Peas Fresh Broccoli & Cauliflower Cinn. Applesauce/ Fr. Fruit Ranger Joe Cookie/Milk Salad /PB&J Sandwich
Sweet Bologna on ww Hamburger Roll	Italian Sub	Ham & Cheese Sandwich	CBLT on ww bread	Turkey & Cheese on ww croissant
9	10	11	12	13
CheesePizza Tossed Salad/Dressing Carrots & Cucumer Slices Pineapple Tidbits/Fr. Fruit Milk Salad / PB & J Sandwich Ham & Cheese Wrap	Teriyaki Chicken Salad w/ Sweet & Sour Sauce Baked Rice Fresh Baby Carrots Mandarin Oranges/ Fr. Fruit Rice Krispy Bar/ Milk Salad / PB & J Sandwich Italian Sub	Brunch Lunch French Toast Sticks Sausage Links Hash Brown Patty Fresh Carrots/ Milk Sliced Peaches/ Fresh Fruit Salad / PB & J Sandwich Ham & Cheese Sandwich	Subway Day Turkey Subs Sun Chips Fresh Carrots Applesauce/Fresh Fruit Milk Salad / PB & J Sandwich CBLT Wrap	Beef-a-Roni Tossed Salad/Dressing Garden Peas Garlic Bread Stick Pear Slices/Fresh Fruit Milk Salad / PB & J Sandwich Turkey & Cheese on ww croissant
16	17	18	19	20
Chicken Patty on ww roll Lettuce/ Tomato/Pickles Carrots & Celery/Hummus Steamed Corn/ Baked Chips Diced Peaches/ Fresh Fruit Milk Salad / PB & J Sandwich Sweet Bologna on ww Hamburger Roll	Spaghetti Tomato or Meat Sauce Green Beans/Fresh Carrots Pear Slices/Fresh Fruit Bread Stick/Milk Salad / PB & J Sandwich Italian Sub	Bosco Cheese Sticks Tossed Salad/Soybeans Fresh Carrots Pineapple Tidbits/Fresh Fruit Milk Salad / PB & J Sandwich Ham & Cheese Sandwich	Pork BBQ Sandwich Smiley Fries Steamed Broccoli & Cauliflower Sliced Peaches/Fresh Fruit Milk Salad / PB & J Sandwich CBLT on ww Bread	No School
23	24	25	26	27
Cheeseburger/ww Roll Lettuce/Tomato/Pickles French Fries Fresh Carrots Applesauce/Fresh Fruit/Milk Salad / PB & J Sandwich Ham & Cheese Wrap	Macaroni & Cheese Tomato Sauce/Baked Fish Green Beans/Fresh Carrots Pineapple Tidbits/Fresh Fruit Brownie/Milk Salad / PB & J Sandwich Italian Sub	Popcorn Chicken Bowl Mashed Potatoes w/gravy Steamed Corn Fruit Slushy/ Fresh Fruit Whole Wheat Roll/ Milk Salad / PB & J Sandwich Ham & Cheese Sandwich	Walking Taco Kidney Beans, Salsa & Sour Cream Baked Rice Sliced Peaches/Fresh Fruit Milk Salad / PB & J Sandwich CBLT Wrap	Staff Development  shutterstock · 156033374

ND/LG K-6 \$2.75 PK \$2.20