



BLAZER CAFE LUNCH Lancaster Mennonite October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Hot Dog on ww Roll	General Tso Chicken	Lasagna	Grilled Ham & Cheese on ww Bread	Chicken Etti
Sauerkraut	Steamed Rice	Green Beans/Baby Carrots	Lentil or Tomato Soup	Garden Peas
Baked Beans	Broccoli Florets/Fresh Carrots	Fruit Medley/ Fresh Fruit	Baked Potato Chips	Fresh Broccoli & Cauliflower
French Fries	Pear Slices/Fresh Fruit	Bread Stick	Fresh Carrots	Cinn. Applesauce/ Fr. Fruit
Chilled Pineapples /Fr. Fruit	Whole Grain Roll	Milk	Sliced Peaches/Fresh Fruit	Ranger Joe Cookie
Milk	Milk		Milk	Milk
Salad Station /Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches
Cheese Steak / Gr. Chicken	Pretzel Dog/Chicken Filet	Calzone/Cheeseburger	Pizza/Corn Dog Nuggets	Hot & Spicy Chicken/Meatball Sub
9	10	11	12	13
Cheese/Bufalo Chicken Pizza	Teriyaki Chicken Salad	Brunch Lunch	Subway Day	Beef -a-Roni
Tossed Salad/Dressing	w/ Sweet & Sour Sauce	French Toast Sticks	Turkey, Ham Vegetarian Subs	Tossed Salad/Garden Peas
Carrots & Cucumber Slices	Baked Rice	Sausage Links	Baked Chips Or Sun Chips	Pear Slices/Fresh Fruit
Pineapple Tidbits/Fr. Fruit	Fresh Baby Carrots	Hash Brown Patty	Fresh Carrots	Garlic Bread Stick
Milk	Mandarin Oranges/ Fr. Fruit	Fresh Carrots/ Milk	Applesauce/Fresh Fruit	Milk
	Rice Krispy Bar/ Milk	Sliced Peaches/ Fresh Fruit	Milk	
Salad Station /Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches
Cheese Steak / Gr. Chicken	Pretzel Dog / Chicken Filet	Calzone/Cheeseburger	Pizza/Corn Dog Nuggets	Hot & Spicy Chicken/Meatball Sub
16	17	18	19	20
Chicken Patty on ww roll	Spaghetti	Bosco Cheese Sticks	Pork BBQ Sandwich	Cheese Quesadilla
Lettuce/ Tomato/Pickles	Tomato or Meat Sauce	Tossed Salad/Dressing	Potato Rounds	w/Salsa & Sour Cream
Carrots & Celery/Hummus	Green Beans/Fresh Carrots	Fresh Carrots/Soybeans	Steamed Broccoli & Cauliflower	Three Bean Salad
Steamed Corn/ Baked Chips	Pear Slices/Fresh Fruit	Pineapple Tidbits/Fresh Fruit	Sliced Peaches/Fresh Fruit	Corn Kernels
Diced Peaches/ Fresh Fruit	Bread Stick/Milk	Milk	Milk	Cinn. Applesauce/Fr. Fruit
Milk				Vanilla Ice Cream Cup /Milk
Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches
Cheese Steak/Grilled Chicken	Pretzel Dog/Chicken Filet	Chicken BBQ/Cheeseburger	Meatloaf Sandwich/Pizza	Hot & Spicy Chicken/Meatball Sub
23	24	25	26	27
Cheeseburger/ww Roll	Macaroni & Cheese	Popcorn Chicken Bowl	Walking Taco	
Lettuce/Tomato/Pickles	Tomato Sauce/Baked Fish	Mashed Potatoes w/gravy	Kidney Beans, Salsa, Sour Cream	
French Fries	Green Beans/Fresh Carrots	Steamed Corn	Baked Rice	Staff Development
Fresh Carrots	Pineapple Tidbits/Fresh Fruit	Fruit Slushy/ Fresh Fruit	Sliced Peaches/Fresh Fruit	No School
Applesauce/Fresh Fruit	Brownie	Whole Wheat Roll/ Milk	Milk	
Milk	Milk			<small>shutterstock 156033374</small>
Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	
Cheese Steak/Grilled Chicken	Pretzel Dog / Chicken Filet	Pork BBQ / Cheeseburger	Pizza/Corn Dog Nuggets	