



# Blazer Café Lunch Menu- LG

September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	5	6	7	8
No School <b>HAPPY LABOR DAY!</b>	Cheese Pizza	General Tso Chicken	Lasagna	Chicken Etti
	Tossed Salad	Steamed Rice	Green Beans/Baby Carrots	Garden Peas
	Carrots & Cucumber Slices	Broccoli Florets/Fresh Carrots	Fruit Medley/ Fresh Fruit	Fresh Broccoli & Cauliflower
	Pineapple Tidbits / Fr. Fruit	Pear Slices/Fresh Fruit	Bread Stick	Cinn. Applesauce/ Fr. Fruit
	Milk	Whole Grain Roll/Milk	Milk	Snickerdoodle cookie/Milk
	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches
	Italian Sub	Ham & Cheese Sandwich	CBLT on ww bread	Turkey & Cheese on ww croissant
11	12	13	14	15
Hot Dog on ww Roll	Teriyaki Chicken Salad	<b>Brunch Lunch</b>	Subway Day	Asian Beef in Edibowl
Sauerkraut	w/ Sweet & Sour Sauce	French Toast Sticks	Turkey, Ham Subs	Rice/Salad/Fresh Carrots
Baked Beans	Baked Rice	Sausage Links	Baked Chips Or Sun Chips	Strawberries
French Fries	Fresh Baby Carrots	Hash Brown Patty	Fresh Carrots	Milk
Chilled Pineapples /Fr. Fruit	Mandarin Oranges/ Fr. Fruit	Fresh Carrots/ Milk	Applesauce/Fresh Fruit	
Milk	Rice Krispy Bar/ Milk	Sliced Peaches/ Fresh Fruit	Milk	
Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J
Ham & Cheese Wrap	Italian Sub	Ham & Cheese Sandwich	CBLT on Wrap	Turkey & Cheese on ww croissant
18	19	20	21	22
Chicken Patty on ww roll	Spaghetti	Mozzarella Cheese Sticks	Sloppy Joe/ww Roll	Cheese Quesadilla
Lettuce/ Tomato/Pickles	Tomato or Meat Sauce	Tossed Salad/Soybeans	Sweet Potato Waffles	w/Salsa & Sour Cream
Carrots & Celery/Hummus	Green Beans/Fresh Carrots	Fresh Carrots	Fresh Broccoli & Cauliflower	Three Bean Salad
Steamed Corn/ Baked Chips	Pear Slices/Fresh Fruit	Pineapple Tidbits/Fresh Fruit	Sliced Peaches/Fresh Fruit	Corn Kernels
Diced Peaches/ Fresh Fruit	Bread Stick/Milk	Milk	Milk	Cinn. Applesauce/Fr. Fruit
Milk				Milk
Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J
Sweet Bologna on ww Hamburger Roll	Italian Sub	Ham & Cheese Sandwich	CBLT on ww Bread	Turkey & Cheese on ww croissant
25	26	27	28	29
Cheeseburger/ww Roll	Macaroni & Cheese	Popcorn Chicken Bowl	Walking Taco	Chicken Nuggets
Lettuce/Tomato/Pickles	Tomato Sauce/Ham slice	Mashed Potatoes w/gravy	Kidney Beans, Salsa & Sour Cream	Broccoli Florets/Baby Carrots
French Fries	Green Beans/Fresh Carrots	Steamed Corn	Baked Rice	Three Bean Salad
Fresh Carrots	Pineapple Tidbits/Fresh Fruit	Fruit Slushy/ Fresh Fruit	Sliced Peaches/Fresh Fruit	Cinn. Applesauce/Fresh Fruit
Applesauce/Fresh Fruit/Milk	Brownie/Milk	Whole Wheat Roll/ Milk	Milk	WW Roll/Milk
Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J	Salad Station/ PB & J
Ham & Cheese Wrap	Italian Sub	Ham & Cheese Sandwich	CBLT Wrap	Turkey & Cheese on ww croissant

ND/LG K-6 \$2.75 PK \$2.20