

BLAZER CAFE LUNCH Lancaster Mennonite November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
Cheese/Supreme Pizza	General Tso Chicken	Lasagna	Grilled Ham & Cheese on ww Bread	Chicken Etti
Tossed Salad/Dressing	Steamed Rice	Green Beans/Baby Carrots	Lentil or Tomato Soup	Garden Peas
Carrots & Cucumber Slices	Broccoli Florets/Fresh Carrots	Fruit Medley/ Fresh Fruit	Baked Potato Chips	Fresh Broccoli & Cauliflower
Pineapple Tidbits/Fr. Fruit	Pear Slices/Fresh Fruit	Bread Stick	Fresh Carrots	Cinn. Applesauce/ Fr. Fruit
Milk	Whole Grain Roll	Milk	Sliced Peaches/Fresh Fruit	Ranger Joe Cookie
	Milk		Milk	Milk
Salad Station / Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches
Cheese Steak / Gr. Chicken	Pretzel Dog/Chicken Filet	Calzone/Cheeseburger	Pizza/Corn Dog Nuggets	Hot & Spicy Chicken/Meatball Sub
6	•	8	9	
Hot Dog on ww Roll	Teriyaki Chicken Salad	Brunch Lunch	Subway Day	Macaroni & Cheese
Sauerkraut	w/ Sweet & Sour Sauce	French Toast Sticks	Turkey, Ham Vegetarian Subs	Tomato Sauce/Baked Fish
Baked Beans	Baked Rice	Sausage Links	Baked Chips Or Sun Chips	Green Beans/Fresh Carrots
French Fries	Fresh Baby Carrots	Hash Brown Patty	Fresh Carrots	Pineapple Tidbits/Fresh Fruit
Chilled Pineapples /Fr. Fruit	Mandarin Oranges/ Fr. Fruit	Fresh Carrots/ Milk	Applesauce/Fresh Fruit	Brownie/Milk
Milk	Rice Krispy Bar/ Milk	Sliced Peaches/ Fresh Fruit	Milk	
Salad Station / Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches
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13				
Chicken Patty on ww roll	Spaghetti	Mozzarella Cheese Sticks/sauce	Thanksgiving Meal	Cheese Quesadilla
Lettuce/ Tomato/Pickles	Tomato or Meat Sauce	Tossed Salad/Dressing	Turkey Roast	w/Salsa & Sour Cream
Carrots & Celery/Hummus	Green Beans/Fresh Carrots	Fresh Carrots/Soybeans	Mashed Potatoes/Green Beans	Three Bean Salad
Steamed Corn/ Baked Chips	Pear Slices/Fresh Fruit	Pineapple Tidbits/Fresh Fruit	Sliced Peaches/Fresh Fruit	Corn Kernels
Diced Peaches/ Fresh Fruit	Bread Stick/Milk	Milk	Pumpkin Bar/Milk/Roll	Cinn. Applesauce/Fr. Fruit
Milk				Vanilla Ice Cream Cup /Milk
Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches	Salad Station/Cold Sandwiches
Cheese Steak/Grilled Chicken	Pretzel Dog/Chicken Filet	Chicken BBQ/Cheeseburger	Ham & Cheese Ciabatta/Pizza	Hot & Spicy Chicken/Meatball Sub
20		22	23	24
Cheeseburger/ww Roll	Chicken Nuggets		Lamen v	
Lettuce/Tomato/Pickles	Steamed Broccoli			
French Fries	Baby Carrots		The same of the same	
Fresh Carrots	Fruit Slushy/ Fresh Fruit	No School	501 1	No School
Applesauce/Fresh Fruit	Whole Wheat Roll/ Milk		I MAKIN WEAKNIKNA	
Milk				
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Cheese Steak/Grilled Chicken	Pretzel Dog / Chicken Filet			