



Blazer Café Lunch Menu- LG

November 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
CheesePizza Tossed Salad/Dressing Carrots & Cucumer Slices Pineapple Tidbits/Fr. Fruit Milk Salad / PB & Jelly Sandwich	General Tso Chicken Steamed Rice Broccoli Florets/Fresh Carrots Pear Slices/Fresh Fruit Whole Grain Roll/Milk Salad /PB&Jelly Sandwich	Lasagna Green Beans/Baby Carrots Fruit Medley/ Fresh Fruit Bread Stick Milk Salad /PB& Jelly Sandwich	Grilled Cheese on ww bread Lentil or Tomato Soup Baked Potato Chips Fresh Carrots Sliced Peaches/Fresh Fruit/Milk Salad /PB&Jelly Sandwich	Chicken Etti Garden Peas Fresh Broccoli & Cauliflower Cinn. Applesauce/ Fr. Fruit Ranger Joe Cookie/Milk Salad /PB&Jelly Sandwich
Sweet Bologna on ww Hamburger Roll	Italian Sub	Ham & Cheese Sandwich	CBLT on ww bread	Turkey & Cheese on ww croissant
6	7	8	9	10
Hot Dog on ww Roll Sauerkraut Baked Beans French Fries/Milk Chilled Pineapples /Fr. Fruit Salad / PB & Jelly Sandwich	Teriyaki Chicken Salad w/ Sweet & Sour Sauce Baked Rice Fresh Baby Carrots Mandarin Oranges/ Fr. Fruit Rice Krispy Bar/ Milk Salad / PB & Jelly Sandwich	Brunch Lunch French Toast Sticks Sausage Links Hash Brown Patty Fresh Carrots/ Milk Sliced Peaches/ Fresh Fruit Salad / PB & Jelly Sandwich	Subway Day Ham Subs Sun Chips Fresh Carrots Applesauce/Fresh Fruit Milk Salad / PB & Jelly Sandwich	Macaroni & Cheese Tomato Sauce/Baked Fish Green Beans/Fresh Carrots Pineapple Tidbits/Fresh Fruit Brownie/Milk Salad / PB & Jelly Sandwich
Ham & Cheese Wrap	Italian Sub	Ham & Cheese Sandwich	Turkey & Cheese on WW Croissant	CBLT Wrap
13	14	15	16	17
Chicken Patty on ww roll Lettuce/ Tomato/Pickles Carrots & Celery/Hummus Steamed Corn/ Baked Chips Diced Peaches/ Fresh Fruit Milk Salad / PB & Jelly Sandwich	Spaghetti Tomato or Meat Sauce Green Beans/Fresh Carrots Pear Slices/Fresh Fruit Bread Stick/Milk Salad / PB & Jelly Sandwich	Mozarella Cheese Sticks/Sauce Tossed Salad/Soybeans Fresh Carrots Pineapple Tidbits/Fresh Fruit Milk Salad / PB & Jelly Sandwich	Thanksgiving Meal Turkey Roast Mashed Potatoes/Green Beans Sliced Peaches/Fresh Fruit Pumpkin Bar/Milk/Roll Salad / PB & Jelly Sandwich	Cheese Quesadilla w/Salsa & Sour Cream Three Bean Salad Corn Kernels Cinn. Applesauce/ Fr. Fruit Vanilla Ice Cream Cup/Milk Salad/PB & Jelly Sandwich
Sweet Bologna on ww Hamburger Roll	Italian Sub	Ham & Cheese Sandwich	CBLT on ww Bread	Turkey & Cheese on ww croissant
20	21	22	23	24
Cheeseburger/ww Roll Lettuce/Tomato/Pickles French Fries Fresh Carrots Applesauce/Fresh Fruit/Milk Salad / PB & Jelly Sandwich	Chicken Nuggets Steamed Broccoli Baby Carrots Fruit Slushy/ Fresh Fruit Whole Wheat Roll/ Milk Salad / PB & Jelly Sandwich	No School		No School
Ham & Cheese Wrap	Italian Sub			

ND/LG K-6 \$2.75 PK \$2.20