

Blazer Café Lunch Menu- LG January 2018

MONDAY	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1		2		3		4		5
Happy	CheesePizza Tossed Salad/Dressing Carrots & Cucumber Slices Pineapple Tidbits/Fr. Fruit		General Tso Chicken Steamed Rice Broccoli Florets/Fresh Carrots Pear Slices/Fresh Fruit		Lasagna Green Beans/Baby Carrots Fruit Medley/ Fresh Fruit Bread Stick		Chicken Etti Garden Peas Fresh Broccoli & Cauliflower Cinn. Applesauce/ Fr. Fruit	
New Year	Milk		Whole Grain Roll/Milk		Milk		Snickerdoodle Cookie/Milk	
	Salad / PB & Jelly Sandwich		Salad /PB&Jelly Sandwich		Salad /PB& Jelly Sandwich		Salad /PB&Jelly Sandwich	
	Italian Sub		Ham & Cheese Sandwich		CBLT on ww Bread		Turkey & Cheese on ww croissa	ant
8		9		10		11		12
Hot Dog on ww Roll	Teriyaki Chicken Salad		Brunch Lunch		Subway Day		BBQ Chicken	
Sauerkraut	w/ Sweet & Sour Sauce		French Toast Sticks		Ham Subs		Scallped potatoes	
Baked Beans	Baked Rice		Sausage Links		Sun Chips		Vegetable Blend	
French Fries/Milk	Fresh Baby Carrots		Hash Brown Patty		Fresh Carrots		Fruit Cocktail/Fresh Fruit	
Chilled Pineapples /Fr. Fruit	Mandarin Oranges/ Fr. Fruit		Fresh Carrots/ Milk		Applesauce/Fresh Fruit		Roll/Milk	
	Rice Krispy Bar/ Milk		Sliced Peaches/ Fresh Fruit		Milk			
Salad / PB & Jelly Sandwich	Salad / PB & Jelly Sandwich		Salad / PB & Jelly Sandwich		Salad / PB & Jelly Sandwich		Salad / PB & Jelly Sandwich	
Bolonga & Cheese Sandwich	Italian Sub		Ham & Cheese Sandwich		CBLT on wrap		Turkey & Cheese on WW Croi	ssant
15		16		17		18		19
			Chicken Patty on ww roll		Spaghetti		Cheese Quesadilla	
			Lettuce/ Tomato/Pickles		Tomato or Meat Sauce		w/Salsa & Sour Cream	
No School	No School		Carrots & Celery/Hummus		Green Beans/Fresh Carrots		Three Bean Salad	
Martin Luther King,Jr's	Staff Development Day		Steamed Corn/ Baked Chips		Pear Slices/Fresh Fruit		Corn Kernels	
Birthday			Diced Peaches/ Fresh Fruit		Bread Stick/Milk		Cinn. Applesauce/ Fr. Fruit	
			Milk				Vanilla Ice Cream Cup/Milk	
			Salad / PB & Jelly Sandwich		Salad / PB & Jelly Sandwich		Salad/PB & Jelly Sandwich	
			Ham & Cheese Sandwich		CBLT on ww Bread		Turkey & Cheese on ww croissa	ant
22		23		24		25		26
Cheeseburger/ww Roll	Macaroni & Cheese		Popcorn Chicken Bowl		Walking Taco		Chicken Nuggets	
Lettuce/Tomato/Pickles	Tomato Sauce/Fish Sticks		Mashed Potatoes w/gravy		Kidney Beans, Salsa & Cheese		Steamed Broccoli	
French Fries	Green Beans/Fresh Carrots		Steamed Corn		Baked Rice		Baby Carrots	
Fresh Carrots	Pineapple Tidbits/Fresh Fruit		Fruit Slushy/Fresh Fruit		Sliced Peaches/Fresh Fruit		Sliced Pears/Fresh Fruit	
Applesauce/Fresh Fruit/Milk	Brownie/Milk		Milk		Milk		Whole Wheat Roll/ Milk	
Salad / PB & Jelly Sandwich	Salad / PB & Jelly Sandwich		Salad/PB & Jelly Sandwich		Salad/PB & Jelly Sandwich		Salad/PB & Jelly Sandwich	
Ham & Cheese Wrap	Italian Sub		Ham & Cheese Sandwich		CBLT on wrap		Turkey & Cheese on ww croissa	ant
29		30		31		1		2
CheesePizza	General Tso Chicken		Lasagna		Grilled Cheese on ww bread		Chicken Etti	
Tossed Salad/Dressing	Steamed Rice		Green Beans/Baby Carrots		Lentil or Tomato Soup		Garden Peas	
Carrots & Cucumer Slices	Broccoli Florets/Fresh Carrots		Fruit Medley/ Fresh Fruit		Baked Potato Chips		Fresh Broccoli & Cauliflower	
Pineapple Tidbits/Fr. Fruit	Pear Slices/Fresh Fruit		Bread Stick		Fresh Carrots		Cinn. Applesauce/ Fr. Fruit	
Milk	Whole Grain Roll/Milk		Milk		Sliced Peaches/Fresh Fruit/Milk		Ranger Joe Cookie/Milk	
Salad / PB & Jelly Sandwich	Salad /PB&Jelly Sandwich		Salad /PB& Jelly Sandwich		Salad /PB&Jelly Sandwich		Salad /PB&Jelly Sandwich	
Sweet Bologna on ww Hamburger Roll	Italian Sub		Ham & Cheese Sandwich		CBLT on ww bread		Turkey & Cheese on ww croissa	ant