



2021 Fall Sports Update #1: August 9th, 2021

As we start the 2021-22 school year we wanted to share with you what LMS has approved for masking guidelines, and what we will soon share with families and students.

We are strongly encouraging masks for everyone, but leaving the final choice for students up to each individual family. Students are federally required to wear masks on buses, to and from events.

We will be ***requiring masks for all employees when indoors***, as per recent CDC guidance. As role models, caregivers, instructors and staff we will wear masks, since many of our youngest students ages 4-12 currently cannot be vaccinated. It is important for us as staff at LM to demonstrate care for others, especially as Lancaster County has entered the 'substantial' level of community transmission of COVID-19.

Safety Protocols in Place This Year (May be subject to change depending on PIAA Sports Medicine Advisory Committee and LGH guidance)

- Maintaining caution at all times pertaining to your health
 - Hand washing protocols
 - Sharing of equipment, drinks, clothing
 - Social distancing of 3ft on the sideline
- Requiring students and staff to stay home when any symptoms are present (self-screening at home; no longer doing daily temp checks or screening at school)
- Adherence to Quarantine regulations and requirements for those with symptoms, positive tests, or COVID exposure - [click here](#)

Booster Clubs

All booster clubs are now allowed to utilize the concession stands for any event. Please follow the guidelines above regarding handwashing and being cognizant of one's safety. All other restrictions have been lifted.

LMS Athletics Health & Safety Plan

Phase 3 of the LMS Athletics Health & Safety plan will be adjusted based upon the coming guidance from PIAA SMAC and our school's team physician. Until then, we will continue to follow our school's health & safety guidance above.

Fall Sports Start Dates (Start Date of Official Practices):

- High School Sports & Middle School Sports - Monday August 16, 2021
- Middle School Sports - Monday August 24, 2021

Athletic Admin Assistant Update

Emily Lehman will be moving to a new role in the school as the PE and Health Teacher for both HS & MS at the Lancaster Campus. We will be bringing on a new Athletic Admin Assistant in the next couple of weeks.

For all general questions relating to sports, please contact Marvin Sanders.

Information For Student/Athletes Regarding Weight Room Usage

Teams are allowed to use the weight room. There will be supervision present. Students will be expected to spray down and thoroughly clean their equipment after use.

Participation Requirements

Students participating in LMS athletic programs at the HS and MS levels must have the following on file with LMS before they are permitted to participate in practice:

1. **A completed physical on the [PIAA CIPPE Form](#) (includes 3 additional LMS forms to complete):**
 - 1) Physical packets (PIAA Sections 1-7, LMS Student-Athlete Contract, Substance Use, and COVID History) are due to Miss Ann by Friday, August 13. You can drop them off at the high school office or scan in an email to Miss Ann. Please contact Miss Ann with any questions at seatonar@lancastermennonite.org.
 - a) **Registration deadlines are as follows:**
 - i) High School sports Friday August 13, 2021.
 - ii) Middle School sports Friday August 13, 2021.
2. **Baseline Impact Testing** Baseline Impact tests have been sent via school email (or parent email if the student does not have access to their email yet) at the beginning of August. This is for 9th, 11th, new high school students or high school students who did not reach a baseline in prior years who are participating in field hockey, boy's soccer, girl's soccer or girl's volleyball.

LMS Fall Sports Head Coaches Information

LMS Head Coaches will provide information regarding practice/game schedules as well as expectations for the upcoming season. LMS Head Coaches information:

- HS Field Hockey - [Emily Lehman](#)
- HS Cross Country - [Ryan Gehman](#)
- HS Boys' Golf - [Michael Natale](#)
- HS Boys' Soccer - [Fred Winey](#)
- HS Girls' Soccer - [Sean Boer](#)
- HS Girls' Tennis - [Dennis Maust](#)
- HS Girls' Volleyball - [George Avram](#)
- MS Boys' Soccer - [Duncan George](#)
- MS Girls' Soccer - TBA



- MS Girls' Volleyball - [Christy Horst](#)

Fall Sports Co-op Head Coaches Information

- LCDS MS Field Hockey - [Heidi Stadel](#)

Game Schedules on Arbiterlive

Game schedules are available on the [Arbiterlive](#) website. Enter Lancaster Mennoniet School, select your team and sign up to receive real time updates and cancellations. Select your sport of interest. Arbiterlive is the most up-to-date scheduling database. During the season, Head Coaches will communicate schedule changes to players and parents directly.

Fall 2021 Sports Season News & Notes

- LMS has entered a cooperative sponsorship agreement with Lancaster Catholic and Lancaster Country Day School in MS field hockey. LCDS will be the host school for MS Field Hockey. For more information, please contact [Heidi Stadel](#).
- For general information on the Fall sports season, please visit the [LMS Athletics web page](#).
- In the event of inclement weather, the [LMS Athletics web page](#) and [Arbiterlive](#) will be updated by 8:00 AM.

Thanks & Go Blazers!

Marvin L. Sanders II, MS
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Lancaster Mennonite School