

LMS BLAZER CAFÉ MENU January 4 - 14

<p style="text-align: right;">Jan. 3</p> <p style="text-align: center;">NO SCHOOL</p>	<p style="text-align: right;">4</p> <p>Cheese or Pepperoni Pizza Chicken Bacon Ranch Wrap Cold Sandwiches & PBJ Power Pk</p> <p>Tossed Salad Baby Carrots</p> <p>Applesauce Milk</p>	<p style="text-align: right;">5</p> <p>Chicken Patty on Roll Turkey Bacon Flatbread Cold Sandwiches & PBJ Power Pk</p> <p>Green Beans Baby Carrots & Cucumber Slices</p> <p>Sliced Peaches Milk</p>	<p style="text-align: right;">6</p> <p>Mac & Cheese w/ Pulled Pork BBQ Tuna Salad Pita Cold Sandwiches & PBJ Power Pk</p> <p>Baked Beans Cole Slaw</p> <p>Fruit Medley Milk</p>	<p style="text-align: right;">7</p> <p style="text-align: center;">SNOW DAY (FID)</p>
<p style="text-align: right;">10</p> <p>Walking Taco w/ Rice Asian Chicken Wrap Cold Sandwiches & PBJ Power Pk</p> <p>Corn Texas Ranchero Pinto Beans</p> <p>Applesauce Milk</p>	<p style="text-align: right;">11</p> <p>Bosco Cheese Sticks BLT Wrap Cold Sandwiches & PBJ Power Pk</p> <p>Steamed Broccoli Baby Carrots & Red Pepper Strips</p> <p>Diced Peaches Milk</p>	<p style="text-align: right;">12</p> <p>BBQ Baked Chicken w/ Dinner Roll Turkey Pesto Wrap Cold Sandwiches & PBJ Power Pk</p> <p>Sweet Potato Fries Paradise Punch Veg/Fruit Juice</p> <p>Raisins Milk</p>	<p style="text-align: right;">13</p> <p>Lasagna w/ Garlic Bread Egg Salad Croissant Cold Sandwiches & PBJ Power Pk</p> <p>Green Beans Baby Carrots & Cucumber Slices</p> <p>Sliced Pears Milk</p>	<p style="text-align: right;">14</p> <p>*Brunch Lunch Chicken Caesar Wrap Cold Sandwiches & PBJ Power Pk</p> <p>Hash Brown Patty Baby Carrots</p> <p>Orange Juice Milk</p>

Cold Sandwich Options may include: Turkey & Cheese, Ham & Cheese, Sweet Bologna & Cheese, American Hoagie and a Vegetarian Option (Vegetarian option will vary each week)

Additional Fruit Choices may include: Apple, Banana, Craisins, Orange, Raisins, Orange Juice, Fruit Juice Slushie, Fresh Fruit in Season

Milk Choices: 1% White Milk, Fat Free Chocolate Milk, Fat Free Strawberry Milk and Lactaid

Meal Pricing:

All Students receive a Free lunch every school day

You may apply for Free/Reduced meals at any time at www.paschoolmeals.com.

Free/Reduced lunch status may qualify you for additional discounts and benefits beyond the school lunch program.

Menu subject to change due to product availability

A la carte options available - student must have money in their lunch account to purchase.

Deposits to lunch accounts may be made online at www.schoolcafe.com or by using the drop box in the gathering area. Please place cash/check in an envelope with student name and ID number. Students will need money in their lunch account for any a la carte items they wish to purchase.

* Brunch Lunch: French Toast Sticks and Chicken Sausage Links



The Pennsylvania Harvest of the Month for January is Sweet Potatoes

Did you know? Although sweet potatoes are sometimes labeled as yams, true yams are native to Africa and not commercially grown in the United States.