

LOCUST GROVE MENU January 19 - 28

Jan. 17 NO SCHOOL	18 NO SCHOOL	19 Tangerine Chicken w/ Rice Ham & Cheese on Roll Steamed Broccoli Baby Carrots Strawberry Cup Milk	20 Sloppy Joe on Roll Peanut Butter & Jelly Sandwich Green Beans Cole Slaw Diced Pears Milk	21 Pizza Cheese Crunchers American Hoagie Peas & Carrots Baby Carrots Applesauce Milk
24 Chicken Nuggets w/ Dinner Roll Sweet Bologna & Cheese Steamed Broccoli Baby Carrots Diced Peaches Milk	25 Spaghetti w/ Meat Sauce & Garlic Bread Turkey & Cheese on Roll Tossed Salad Cucumber Slices Pineapple Tidbits Milk	26 Grilled Cheese Sandwich Ham & Cheese on Roll Baked Beans Baby Carrots Raisins Milk	27 Popcorn Chicken w/ Dinner Roll Peanut Butter & Jelly Sandwich Mashed Potatoes Corn Applesauce Milk	28 Cheeseburger on Roll American Hoagie Green Beans Baby Carrots Blue Raspberry Fruit Juice Slushie Milk

Alternate fruit choice may include: apple slices, banana or raisins

You may apply for Free/Reduced meals at any time at www.paschoolmeals.com.

Free/Reduced lunch status may qualify you for additional discounts and benefits beyond the school lunch program.

Meal Pricing:

All Students receive a Free lunch every school day

Menu subject to change due to product availability

Deposits to lunch accounts may be made online at www.schoolcafe.com or by sending cash or check to the school. Please place cash/check in an envelope with student name and ID number.

*** Money is only necessary to purchase a la carte items (Grades 6 - 8) and extra cartons of milk.



The Pennsylvania Harvest of the Month for January is Sweet Potatoes

Did you know? Sweet potatoes are one of the top sources of Vitamin A (in the form of beta carotene) which is important for your eye health.