

Spring Sports Update #1: February 14th, 2022

As we approach the Spring season, please see the following pertinent information below to assist you in preparing for the start of the Spring season.

Covid Protocols and General Guidelines:

In the past few weeks, the <u>CDC has updated guidance</u> concerning quarantining and isolation for COVID-19. LM is following the CDC guidance and has updated our COVID-19 protocols. View our Updated COVID-19 Plan and Procedures on our <u>COVID Information</u> website page by clicking the button below.

- New Flow Chart: Penn Medicine Lancaster General Health continues to be a resource for schools by providing clear guidelines based on the new CDC protocols for quarantine and isolation after a COVID-19 exposure. The updated flowchart provides information on COVID-19 exposures, testing, and return-to-school guidance for vaccinated and unvaccinated students and employees.
 - o COVID-19 ACTION PLAN & FLOWCHART

LM continues to monitor the positive COVID-19 cases in Lancaster County and at each of our campuses. We will continue to follow our safety protocols that have been in place since the start of the school year:

- Consistent and correct mask use for employees, students, and visitors when indoors
- Handwashing and respiratory etiquette
- Reduced sharing of supplies among students
- Social distancing of 3 feet or more whenever possible
- Requiring students and staff to stay home when any symptoms are present
- Cleaning and disinfecting classroom and high touch surfaces

You can help us continue with in-person instruction by communicating with your campus office when your student has been exposed to COVID-19, has tested positive, or has symptoms.

Caring for our employees and students' physical, mental, and spiritual well-being is our top priority, now and always.



Live Streaming of Home Events

Indoor events (Volleyball)

All indoor events will be live-streamed. Any changes will be communicated and reflected on the link: https://livestream.com/lancastermennonite.

Outdoor events (Baseball, Softball, Boy's Tennis, and Track & Field)

Outdoor events will not be live-streamed. Spectators are permitted to attend all outdoor events. Be sure to follow the general health and safety guidelines.

For any pertinent information regarding athletics, please visit the <u>LM Athletics web page</u>, which will show all of our updated details for the season.

Spring Sports Start Dates (start date of official Practices, which are subject to change):

- High School Sports Monday, March 7th, 2022
- Middle School Sports Monday, March 14th, 2022

Participation Requirements

Students participating in LM athletic programs at the HS and MS levels must have the following on file with LM before they are permitted to participate in practice:

- 1. A completed physical on the <u>PIAA CIPPE form</u> (includes three additional forms to complete):
 - 1) Physical packets (PIAA Sections 1-7, Section 8 as indicated, LM Student-Athlete Contract, Substance Use, and the COVID Health History) are due to Miss Ann by **Monday, February 8**. Please scan in and/or email the completed form to Miss Ann. Please contact Miss Ann with any questions at seatonar@lancastermennonite.org.
- **2. Baseline Impact Testing:** Baseline Impact tests have been sent via school email (or parent email if the student does not have access to their email yet) for those who need them. This is for 9th, 11th, new high school students or high school students who did not reach a baseline in prior years participating in baseball, softball, and boy's volleyball.

LM Spring Sports Head Coaches Information

LM Head Coaches will provide information regarding practice/game schedules and expectations for the upcoming season. LM Head Coaches information:

- HS Boys Baseball Steve Kenkelen
- HS Track and Field Tracy Kauffman
- HS Girls Softball Michael Natale
- HS Boys Tennis Dennis Maust
- HS Boys Volleyball Gary Martin
- MS Track and Field <u>Marvin Sanders</u>



COVID and Sports related resources

- PIAA Spring Sports Information
- LMS COVID-19 Information
- <u>CDC Information</u>
- <u>LM Athletics Website</u>
- COVID-19 Action Plan & Flowchart

Thanks & Go Blazers!

Marvin L. Sanders II, MS Director of Athletics Lancaster Mennonite School