

## **Athletics Information: Middle School**

The following middle school sports are offered for 7th & 8th-grade students in the spring season:

- Track & Field

Middle School sports will begin practice on **Monday, March 14th**, from 3:30pm - 5:00 pm at the following locations:

- Track and Field: Track and Field location.

*(\*Please note that you will need to bring your water to practices and games each day.)*

Student-Athletes can utilize the Gym A locker rooms to change until **4:00 pm**.

*(\*No belongings should be left in the locker rooms during practice. Locker rooms will be cleaned and locked up after 4:00 pm, and student-athletes will not be allowed back into locker rooms.)*

For sport-specific and scheduling related questions, please contact your specific coach:

- **Track & Field:** Marvin Sanders, [sandersml@lancastermennonite.org](mailto:sandersml@lancastermennonite.org)

You must complete the [PIAA Physical forms](#) before you can participate. Please visit the main office to receive paperwork or if you have general sports-related questions.

Thank you!

### **LMS Athletic Department**

Marvin Sanders, *Athletic Director*

Ann Seaton, *Athletic Trainer*

Jaimee Mendez, *Athletic Assistant*