

2023-2024 Blazer Cafe Newsletter

Dear Parents/Guardians:

Welcome back to a new school year! The Lancaster Mennonite Food Service Staff is looking forward to serving your children nutritious, great-tasting meals that promote healthy lifestyles. We work hard to provide outstanding service and quality meals that meet Federal & State Requirements.

We offer lunches each day with whole grains, healthy proteins, fresh fruits and vegetables and low-fat milk.

Please contact me with any questions or concerns you may have.

We're looking forward to seeing the students on the first day of school!

Jenny Strickler
Director of Food Services
717-740-2452
stricklerjd@lancastermennonite.org

Menus

Lunch menus are updated every two weeks and can be found on our school website at www.lancastermennonite.org

What is a Student Meal?

* Each School Lunch includes 5 components

- meat/meat alternative
- bread/grain
- fruit
- vegetable
- milk

In order to qualify for meal pricing, students must take **at least** three of the five components, and one of those must be a fruit or vegetable.

Paying for School Meals

Options for adding money to lunch accounts include cash, check or you may deposit money into your child's account online at schoolcafe.com. If you are paying by check, make checks out to Lancaster Mennonite School. Place cash or check in an envelope with your child's full name and grade on it please. Payments can be dropped off in the school offices or in the drop box inside the cafeteria serving area doors.

Please note: The parent can add limits to a child's account such as, "lunch only" or "no a la carte", etc. Please call Jenny Strickler at 717-740-2452 if you have any questions.

School Lunch Prices

PreK	\$3.25
K-5	\$3.50
6-12	\$3.50 - Cold sandwich lunch
6-12	\$3.75 - Hot lunch
6-12	\$4.00 - Salad lunch

Reduced price lunch \$.40

A la carte items are available for purchase. Students must have money in their account to purchase a la carte items. A la carte items meet Smart Snack guidelines for healthier snack choices.

Free & Reduced Lunch

We encourage everyone to fill out an application for Free & Reduced lunch. Applications may be filled out and submitted online at schoolcafe.com. If you are unable to apply online, paper applications are available at the school offices or in the cafeteria.

If you have received notification within the past 3 weeks that you qualify for free or reduced lunches for this school year, you do not need to fill out an application again.

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
Program.Intake@usda.gov

This institution is an equal opportunity provider.