

LM ELEMENTARY MENU September 18 - 29, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sept. 18	19	20	21	22
Chicken Patty on Roll Yogurt & String Cheese Fun Lunch American Hoagie Potato Salad Baby Carrots Diced Peaches Choice of Milk	Spaghetti w/ Garlic Bread Pepperoni Pizza Fun Lunch Ham & Cheese on Roll Green Beans Cucumber Slices Diced Pears Choice of Milk	Chicken Fried Rice w/ Egg Roll Yogurt & String Cheese Fun Lunch Sweet Bologna & Cheese on Roll Steamed Broccoli Red & Green Pepper Strips Fruit Juice Slushie Choice of Milk	Bosco Cheese Sticks Pepperoni Pizza Fun Lunch Turkey & Cheese on Roll Honey Glazed Carrots Paradise Punch Strawberry Cup Choice of Milk	Walking Taco w/ Rice Yogurt & String Cheese Fun Lunch Ham & Cheese on Roll Taco Fiesta Black Beans Baby Carrots Applesauce Choice of Milk
25	26	27	28	29
Chicken Etti w/ Dinner Roll Yogurt & String Cheese Fun Lunch American Hoagie Peas Cole Slaw Applesauce Choice of Milk	Cheese Pizza Pepperoni Pizza Fun Lunch Ham & Cheese on Roll Broccoli Salad Baby Carrots Strawberry Cup Choice of Milk	Mac & Cheese w/ Popcorn Chicken Yogurt & String Cheese Fun Lunch Sweet Bologna & Cheese on Roll Baked Beans Baby Carrots Fruit Medley Choice of Milk	* Brunch Lunch Pepperoni Pizza Fun Lunch Turkey & Cheese on Roll Hash Brown Patties Red & Yellow Peppers Orange Juice Choice of Milk	Chicken Rice Bowl w/ Roll Yogurt & String Cheese Fun Lunch Ham & Cheese on Roll Steamed Broccoli Baby Carrots Diced Peaches Choice of Milk

Milk Choices: Low-fat 1% White, Low-fat 1% Chocolate and Fat Free Lactaid

* Brunch Lunch: French Toast Sticks and Chicken Sausage Links

Additional Fruit Choices may include: Apple Slices, Banana, Craisins, Raisins, Fresh Fruit in Season

Meal Pricing: K - 5th grade \$3.50

Pre-K \$3.25

Reduced Price \$0.00



You may apply for Free/Reduced meals at any time at www.paschoolmeals.com

Deposits to lunch accounts may be made online at www.schoolcafe.com or by sending cash or check to the school. Please place cash/check in an envelope with student name and ID number.

Yogurt & String Cheese Fun Lunch contains: 4 oz yogurt, 1 oz string cheese, Whole Grain Cheddar Goldfish, Blueberry Bread Mini Loaf, Milk, as well as the vegetables and fruit for the day.

Pepperoni Pizza Fun Lunch contains: flatbread crust, pizza sauce, mozzarella cheese, turkey pepperoni, Milk, as well as the vegetables and fruit for the day.

The **Pennsylvania Harvest of the Month** for September is PEPPERS.

We'll be serving fresh, local peppers in our cafeteria this month.

Did you Know? There are almost 2000 different varieties of peppers.

Menu subject to change due to product availability