

LM ELEMENTARY MENU October 2 - 13, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Chicken Nuggets w/ Sun Chips Yogurt & String Cheese Fun Lunch American Hoagie Baked Beans Baby Carrots Strawberry Cup Choice of Milk	Grilled Cheese & Tomato Soup Pepperoni Pizza Fun Lunch Ham & Cheese on Roll Tossed Salad Cucumber Slices Fruit Juice Slushie Choice of Milk	Lasagna w/ Garlic Texas Toast Yogurt & String Cheese Fun Lunch Sweet Bologna & Cheese on Roll Kale and Apple Salad Baby Carrots Applesauce Choice of Milk	General Tso Chicken w/ Rice & Roll Pepperoni Pizza Fun Lunch Turkey & Cheese on Roll Steamed Broccoli Baby Carrots Mandarin Oranges & Pineapple Choice of Milk	Bacon, Egg & Cheese Croissant Yogurt & String Cheese Fun Lunch Ham & Cheese on Roll Smiley Fries Paradise Punch Diced Peaches Choice of Milk
9	10	11	EARLY DISMISSAL 12	13
Pizza Cheese Crunchers Yogurt & String Cheese Fun Lunch American Hoagie Baked Beans Baby Carrots Applesauce Choice of Milk	Popcorn Chicken Bowl w/ Roll Pepperoni Pizza Fun Lunch Ham & Cheese on Roll Mashed Potatoes Corn Diced Peaches Choice of Milk	MAX Mozzarella Cheese Sticks Yogurt & String Cheese Fun Lunch Sweet Bologna & Cheese on Roll Steamed Broccoli Baby Carrots Apple Crisp Choice of Milk	Bacon Cheeseburger Pepperoni Pizza Fun Lunch Turkey & Cheese on Roll French Fries Baby Carrots Strawberry Cup Choice of Milk	PARENT / TEACHER CONFERENCES NO SCHOOL

Milk Choices: Low-fat 1% White, Low-fat 1% Chocolate and Fat Free Lactaid

Menu subject to change due to product availability

Additional Fruit Choices may include: Apple Slices, Banana, Craisins, Raisins, Fresh Fruit in Season

Meal Pricing: K - 5th grade \$3.50

Pre-K \$3.25

Reduced Price \$0.00



You may apply for Free/Reduced meals at any time at www.paschoolmeals.com

Deposits to lunch accounts may be made online at www.schoolcafe.com or by sending cash or check to the school. Please place cash/check in an envelope with student name and ID number.

Yogurt & String Cheese Fun Lunch contains: 4 oz yogurt, 1 oz string cheese, Whole Grain Cheddar Goldfish, Blueberry Bread Mini Loaf, Milk, as well as the vegetables and fruit for the day.

The **Pennsylvania Harvest of the Month** for OCTOBER is APPLES

We'll be serving fresh, local apples in our cafeteria this month.

Did you Know? Pennsylvania grows 400 to 500 MILLION pounds of apples each year.

Pepperoni Pizza Fun Lunch contains: flatbread crust, pizza sauce, mozzarella cheese, turkey pepperoni, Milk, as well as the vegetables and fruit for the day.