

# LM BLAZER CAFÉ MENU September 18 - 29, 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Sept. 18</b>	<b>19</b>	<b>National Fried Rice Day 20</b>	<b>21</b>	<b>22</b>
Chicken Patty on Roll Cheese Steak Ham & Swiss on Pretzel Roll Chicken Caesar Salad  Potato Salad  Diced Peaches Choice of Fruit & Milk	Spaghetti w/ Garlic Knot Max Mozzarella Cheese Sticks Tuna Salad Croissant Chef Salad  Green Beans  Diced Pears Choice of Fruit & Milk	Chicken Fried Rice w/ Egg Roll Pepperoni Pizza Chickpea Wrap Southwest Chicken Salad  Steamed Broccoli  Fruit Juice Slushie Choice of Fruit & Milk	Bosco Cheese Sticks Hot & Spicy Chicken Sandwich Turkey Bacon Flatbread Asian Chicken Salad  Honey Glazed Carrots  Strawberry Cup Choice of Fruit & Milk	Walking Taco w/ Rice No Hot Alternate Asian Chicken Wrap Crispy Chicken Salad  Taco Fiesta Black Beans  Applesauce Choice of Fruit & Milk
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
Chicken Etti w/ Dinner Roll Bacon Egg & Cheese Bagel Ham & Swiss on Pretzel Roll Grilled Chicken Salad  Peas  Applesauce Choice of Fruit & Milk	Cheese or Buffalo Chicken Pizza Corn Dog Nuggets Turkey Cranberry Wrap Asian Chicken Salad  Broccoli Salad  Strawberry Cup Choice of Fruit & Milk	Mac & Cheese w/ Popcorn Chicken Fiestada Pizza Chicken Caesar Wrap Chef Salad  Baked Beans  Fruit Medley Choice of Fruit & Milk	* Brunch Lunch Cheeseburger Chicken Bacon Ranch Wrap Crispy Chicken Salad  Hash Brown Patties  Orange Juice Choice of Fruit & Milk	Chicken Rice Bowl w/ Roll Pizza Cheese Crunchers Greek Veggie Wrap Chicken Caesar Salad  Steamed Broccoli  Diced Peaches Choice of Fruit & Milk

Cold Sandwich Options may include: Turkey & Cheese, Ham & Cheese, Sweet Bologna & Cheese, American or Italian Hoagie, PBJ Uncrustable or Yogurt & String Cheese Power Pack  
 Daily Cold Vegetable Bar may include: Tossed Salad, Carrots, Cucumber, Tomatoes, Broccoli, Cauliflower, Garbanzo or Black Beans, Cole Slaw or other assorted Cold Vegetable Salads  
 Fruit Choices may include: Apple, Banana, Assorted Canned or Frozen Fruit, Orange, Craisins, Raisins, Orange/Apple Juice, Fruit Juice Slushie, Fresh Fruit in Season  
 Milk Choices: 1% White Milk, 1% Chocolate Milk, Fat Free Strawberry Milk and Lactaid

You may apply for Free/Reduced meals at any time at [www.paschoolmeals.com](http://www.paschoolmeals.com).

### Meal Pricing 6-12th grade:

- Cold Sandwich meals \$3.50
- Hot Entrée meals \$3.75
- Salad Entrée meal \$4.00
- Reduced priced lunch \$0.00



Menu subject to change due to product availability  
 A la carte options available - student must have money  
 in their lunch account to purchase.

Deposits to lunch accounts may be made online at [www.schoolcafe.com](http://www.schoolcafe.com)  
 or by using the drop box inside the serving area doors.

Please place cash/check in an envelope with student name and ID number

The Pennsylvania Harvest of the Month for September is PEPPERS.  
 We'll be serving fresh, local peppers in our cafeteria this month.  
 Did you Know? There are almost 2000 different varieties of peppers.

\* Brunch Lunch: French Toast Sticks and Chicken Sausage Links