

LM BLAZER CAFÉ MENU January 15 - February 2, 2024

MONDAY Jan.15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
NO SCHOOL Martin Luther King Jr Day	SNOW DAY NO SCHOOL	Walking Taco w/ Rice No Hot Alternate Ham & Swiss on Pretzel Roll Crispy Chicken Salad Texas Ranchero Pinto Beans Applesauce Choice of Fruit & Milk	Chicken Patty on Roll Big Daddy's 4 Meat Pizza Turkey Pesto Wrap Apple Cranberry Salad w/ Chicken Swt Potato Salad & Steamed Broccoli Diced Peaches Choice of Fruit & Milk	* Brunch Lunch Turkey BBQ Sandwich Greek Veggie Wrap Southwest Chicken Salad Tater Tots Orange Juice Choice of Fruit & Milk
Jan. 22 Bacon Cheeseburger No Hot Alternate American Hoagie Chicken Caesar Salad French Fries Strawberry Cup Choice of Fruit & Milk	23 Chicken Etti w/ Sweet Potato Muffin Sausage, Egg & Cheese Croissant Turkey Cranberry Wrap Strawberry Spinach Salad w/ Chicken Peas Diced Pears Choice of Fruit & Milk	24 Cheese or Supreme Pizza Sloppy Joe Sandwich Chicken Caesar Wrap Asian Chicken Salad Steamed Broccoli & Paradise Punch Fresh Orange Wedges Choice of Fruit & Milk	25 Hot Ham & Cheese on Pretzel Roll MAX Mozzarella Cheese Sticks Asian Chicken Wrap Chef Salad Cucumber Tomato Salad Mixed Berry Fruit Cup Choice of Fruit & Milk	26 Chicken Rice Burrito Bowl w/ Roll Cheese Steak Chickpea Wrap Crispy Chicken Salad Corn & Taco Fiesta Black Beans Diced Peaches Choice of Fruit & Milk
Jan. 29 Chicken Nuggets w/ Sun Chips Meatball Sub Ham & Swiss on Pretzel Roll Asian Chicken Salad Baked Beans Strawberry Cup Choice of Fruit & Milk	30 Grilled Cheese & Tomato Soup Corn Dog Nuggets Tuna Salad Croissant Chicken Caesar Salad Tossed Salad Fruit Juice Slushie Choice of Fruit & Milk	31 Lasagna w/ Garlic Texas Toast Hot & Spicy Chicken Sandwich Greek Veggie Wrap Southwest Chicken Salad Kale and Apple Salad Applesauce Choice of Fruit & Milk	Feb. 1 General Tso Chicken w/ Rice & Roll No Hot Alternate Turkey Pesto Wrap Chef Salad Steamed Broccoli Mandarin Oranges & Pineapple Choice of Fruit & Milk	2 Bacon, Egg & Cheese Croissant Bosco Cheese Sticks Chicken Caesar Wrap Crispy Chicken Salad Tater Tots & Paradise Punch Diced Peaches Choice of Fruit & Milk

Cold Sandwich Options may include: Turkey & Cheese, Ham & Cheese, PBJ Uncrustable, Yogurt & String Cheese Power Pk, or Yogurt Parfait

Daily Cold Veg. Bar may include: Tossed Salad, Carrots, Cucumber, Tomatoes, Broccoli, Cauliflower, Garbanzo or Black Beans, Cole Slaw or other assorted Cold Vegetable Salads

Fruit Choices may include: Apple, Banana, Assorted Canned or Frozen Fruit, Orange, Craisins, Raisins, Orange/Apple Juice, Fruit Juice Slushie, Fresh Fruit in Season

Milk Choices: 1% White Milk, 1% Chocolate Milk, Fat Free Strawberry Milk and Lactaid

* Brunch Lunch: French Toast Sticks and Chicken Sausage Links

Meal Pricing 6-12th grade:

Cold Sandwich meal \$3.50
Hot Entrée meals \$3.75
Salad Entrée meal \$4.00
Reduced priced lunch \$0.00



You may apply for Free/Reduced meals at any time at www.paschoolmeals.com.

Menu subject to change due to product availability

A la carte options available - student must have money
in their lunch account to purchase.

Deposits to lunch accounts may be made online at www.schoolcafe.com

or by using the drop box inside the serving area doors. Place
cash/check in an envelope with student name and ID number.

The **Pennsylvania Harvest of the Month** for JANUARY is SWEET POTATOES

Did you Know? In many parts of the world, sweet potatoes are grown for
their edible leaves, which grow above the ground.