

October 5 - 30, 2026 Blazer Cafe Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	
Oct. 5 Chicken Tikka Masala w/ Rice & Naan 4 Meat Pizza Bacon, Egg & Cheese Croissant Crispy Chicken Salad Yogurt Parfait w/ WG Donut Steamed Broccoli Strawberry Cup	6 Grilled Cheese w/ Tomato Soup Chicken Tenders w/ Muffin X Southwest Chicken Salad Tuna Salad Croissant Kale Apple Salad Diced Pears	7 Walking Taco w/ Rice Cheeseburger X Chef Salad Italian Hoagie TX Ranchero Beans Applesauce	8 * Brunch Lunch Hot & Spicy Chicken Sandwich Chicken Drumstick w/ Dinner Roll Apple Cranberry Salad w/ Chicken Turkey Bacon Flatbread Hash Browns Fresh Watermelon	9 Chicken Nuggets w/ Sun Chips Cheese Steak X Chicken Caesar Salad Ham & Swiss on Pretzel Roll Peas Diced Peaches	Each lunch meal includes protein, whole grains, vegetables, fruit and milk. Additional Vegetables at the Cold Vegetable Bar and Fruit and Milk come with each meal. Daily alternate FRUIT choices may include: apple, banana, orange, raisins, raisins, frozen or canned fruit, fruit juice, fresh fruit as available. Daily MILK choices include: 2% white 1% chocolate milk, FF strawberry milk and Lactaid
12 Tangerine Chicken w/ Rice Pizza Cheese Crunchers X Turkey BLT Salad Ham & Swiss on Pretzel Roll Steamed Broccoli Applesauce	13 Macaroni & Cheese w/ Pork BBQ Chicken Nuggets w/ Dinner Roll Chicken Rice Burrito Crispy Chicken Salad Turkey Pesto Wrap Green Beans Apple Crisp	14 Chicken Rice Bowl w/ Churro Cheeseburger Hot Ham & Cheese on Pretzel Roll Chef Salad American Hoagie Taco Fiesta Beans & Corn Fruit Medley	15 Lasagna w/ Garlic Texas Toast Hot & Spicy Chicken Sandwich Cheesy Pull Apart Chicken Caesar Salad Chicken Bacon Ranch Wrap Broccoli Salad Fruit Juice Slushie	16 Chicken Patty on Roll Buffalo Chicken Dip w/ Tostitos X Taco Salad Yogurt Parfait w/ WG Donut Smiley Fries Diced Peaches	Cold Vegetable Bar may include: Tossed Salad, Cucumber, Tomato, Carrots, Broccoli, Cauliflower, Beans Cole Slaw & other Cold Veg Salads. Cold Entrée Choices may include: Turkey & Cheese or Ham & Cheese, PBJ Uncrustable, Yogurt & String Cheese Power Pack,
19 Popcorn Chicken Bowl w/ Roll Buffalo Chicken Pizza X Chef Salad Ham & Swiss on Pretzel Roll Mashed Potatoes w/ Gravy & Corn Diced Pears	20 Cheese or Pepperoni Pizza Breaded Dill Chicken w/ Garlic Knot Baked Ravioli w/ Garlic Knot Crispy Chicken Salad Egg Salad Croissant Mediterranean Bean Salad Fresh Apple Slices	21 Chicken Dumplings w/ Fried Rice Cheeseburger Chicken Quesadilla Chicken Caesar Salad Turkey Bacon Flatbread Steamed Broccoli Diced Peaches	22 * Brunch Lunch Hot & Spicy Chicken Sandwich Corn Dog Nuggets Southwest Chicken Salad Chicken Caesar Wrap Hash Browns Orange Juice	23 Chicken Tenders w/ Doritos Chicken Bacon Ranch Flatbread X Strwbrry Spinach Salad w/ Chicken Yogurt Parfait w/ WG Donut Baked Beans Applesauce	Meal Pricing 6-12th grade: Cold Entree meals \$3.65 Hot Entrée meals \$3.85 Entrée Salad \$4.10 Reduced priced meal \$0.00
26 General Tso Chicken w/ Rice Bosco Cheese Sticks X Southwest Chicken Salad Italian Hoagie Steamed Broccoli Diced Peaches	27 Walking Taco w/ Rice Chicken Nuggets w/ Dinner Roll X Asian Chicken Salad Yogurt Parfait w/ WG Donut TX Ranchero Beans Applesauce	28 Chicken Alfredo w/ Garlic Bread Cheeseburger Buffalo Chicken Dip w/ Tostitos Turkey BLT Salad Ham & Swiss on Pretzel Roll Cranberry Apple ColeSlaw Fruit Juice Slushie	29 Bacon Cheeseburger Chicken Patty Sandwich X Crispy Chicken Salad Asian Chicken Wrap French Fries Fruit Medley	30 Chicken Nuggets w/ Muffin Meatball Sub Pulled Chicken BBQ on Roll Chicken Caesar Salad Chicken Bacon Ranch Wrap Green Beans Strawberry Cup	A la carte options available - student must have money in their lunch account to purchase. You may apply for Free/Reduced meals at any time: www.Schoolcafe.com.
* Brunch Lunch: French Toast Sticks w/ Chicken Sausage Menu subject to change due to product availability		Deposits to lunch accounts may be made online at Schoolcafe.com or by using the drop box inside the serving area doors. Please place cash/check in an envelope with student name and ID number.			
		The PA Harvest of the Month for October is APPLES. Did you know? Apple varieties range in size from a little larger than a cherry to as large as a grapefruit.		Eat lunch with us! We offer lunch each day with whole grain, healthy protein, fresh fruits and vegetables and low-fat milk. Our meals also adhere to lower levels of sodium, fat and added sugars.	