


# LM BLAZER ELEMENTARY MENU October 14 - November 1, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Oct. 14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
Chicken Nuggets w/ Sun Chips Yogurt & String Cheese Fun Lunch American Hoagie  Baked Beans & Baby Carrots Diced Peaches	Spaghetti w/ Garlic Knot Cheese Pizza Fun Lunch Turkey & Cheese on Roll  Tossed Salad & Cucumber Slices Orange Wedges	Cheese Pizza Yogurt & String Cheese Fun Lunch Sweet Bologna & Cheese on Roll  Steamed Broccoli & Baby Carrots Strawberry Cup	Bacon, Egg & Cheese Croissant Cheese Pizza Fun Lunch Turkey & Cheese on Roll  Tater Tots & Baby Carrots Fruit Medley	Popcorn Chicken Bowl w/ Dinner Roll Yogurt & String Cheese Fun Lunch Ham & Cheese on Roll  Mashed Potatoes w/ Gravy & Corn Applesauce
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Chicken Alfredo Penne & Garlic Bread Yogurt & String Cheese Fun Lunch American Hoagie  Tossed Salad & Cucumber Slices Diced Peaches	Walking Taco w/ Rice Cheese Pizza Fun Lunch Turkey & Cheese on Roll  TX Ranchero Beans & Baby Carrots Applesauce	Bosco Cheese Sticks Yogurt & String Cheese Fun Lunch Sweet Bologna & Cheese on Roll  Steamed Broccoli & Baby Carrots Fruit Juice Slushie	Cheese Steak Sandwich Cheese Pizza Fun Lunch Turkey & Cheese on Roll  Smiley Fries & Baby Carrots Apple Crisp	Chicken Tenders w/ Waffle Yogurt & String Cheese Fun Lunch Ham & Cheese on Roll  Cole Slaw & Paradise Punch Strawberry Cup
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>Nov. 1</b>
Chicken Patty on Roll Yogurt & String Cheese Fun Lunch American Hoagie  Cucumber Tomato Salad & Carrots Applesauce	Lasagna w/ Garlic Knot Cheese Pizza Fun Lunch Turkey & Cheese on Roll  Steamed Broccoli & Paradise Punch Diced Peaches	* Brunch Lunch Yogurt & String Cheese Fun Lunch Sweet Bologna & Cheese on Roll  Hashbrown & Baby Carrots Apple Juice	Chicken Rice Bowl w/ Cornbread Cheese Pizza Fun Lunch Turkey & Cheese on Roll  Corn & Taco Fiesta Black Beans Orange Wedges	Cheese Pizza Yogurt & String Cheese Fun Lunch Ham & Cheese on Roll  Potato Salad & Baby Carrots Strawberry Cup
<b>Milk comes with each meal. Other Fruit choices available.</b>				

Additional Fruit Choices may include: Apple Slices, Banana, Craisins, Raisins or Fresh Fruit in Season

Milk Choices: 1% White Milk, 1% Chocolate Milk and Lactaid

\* Brunch Lunch: French Toast Sticks with Chicken Sausage

<p><b>Meal Pricing K-5th grade:</b></p> <p>Pre-K lunch \$3.25 K - 5 Lunch \$3.50 Reduced priced lunch \$0.00 A la carte milk \$0.65</p>	<p>Deposits to lunch accounts may be made online at <a href="http://Schoolcafe.com">Schoolcafe.com</a> or by using the drop box in the elementary office.</p> <p>Please place cash/check in an envelope with student name and ID number.</p>	 <p><b>The Pennsylvania Harvest of the Month</b> for October is APPLES.</p> <p>Did you Know? About one third of Pennsylvania's apple crop is sold fresh. The remainder is processed to make products such as cider, applesauce, pies and juice.</p>	<p>Menu subject to change due to product availability</p> <p>You may apply for Free/Reduced meals at any time at <a href="http://Schoolcafe.com">Schoolcafe.com</a>.</p>	<p>Eat lunch with us!</p> <p>We offer lunches each day with whole grain, healthy protein, fresh fruits and vegetables and low-fat milk. Our meals also adhere to lower levels of sodium, fat and added sugars.</p>
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